

	First Ray	Second Ray	Third Ray	Fourth	Fifth Ray	Sixth Ray	Seventh Ray
Color	Royal Blue	Yellow/Gold	Pink	White	Emerald Green	Ruby Gold	Violet
Qualities	Will of God, Faith, Trust, Omnipotence, Protection, Decision, Discretion	Wisdom, Illumination, Mind of God, omniscience, understanding, perception, precipitation, enlightenment	Unconditional Divine Love, Adoration, Love in action, omnipresence, charity, compassion, true brotherhood	Purity, Ascension, wholeness, Christ consciousness, hope, restoration, the holy breath	Healing, precipitation, abundance, truth, constancy, creation, consecration, inner vision, concentration	Peace, Resurrection, selfless service, ministering grace, devotional worship	Forgiveness, transmutation, freedom, compassion, mercy, diplomacy, Power of Invocation, Rhythm
Day	Monday	Sunday	Tuesday	Friday	Wednesday	Thursday	Saturday
Chakra	Throat	Crown	Heart	Base of the spine	Third Eye	Solar Plexus	Seat of the Soul (sacral)
Stones	Lapis Lazuli, Sapphire, Peacock stones, Blue-lace Agate	Tiger's Eye, Golden Topaz	Rose Quartz, Ruby	Azurite, Snow quartz	Emerald, Jade, Chrysoprase, Ruby Zoisite	Citrine, Pyrite, Golden Calcite	Amethyst, Violet Fluorite
Chohan	Master ElMorya	Lord Lanto, Teacher of Ancient Wisdom	Paul the Venetian	Lord Serapis Bey ✨	Master Hilarion	Lord Sananda and Lady Nada	St. Germaine
Chohan's retreat	Temple of Good Will, Darjeeling, India	The Great Hall of Illumination, Grand Teton Mountain Range, Wyoming, USA	Chateau de Liberte in Southern France Near Marseilles; Temple of the Sun, NY & Ceylon, Temple of Comfort	The Great Hall of Ascension Temple at Luxor, Egypt	The Temple of Truth, Crete, Greece	The Temple of Resurrection near Jerusalem, a Retreat in Saudi Arabia, Northeast of the Red Sea	Transylvania, Romania and the Great Violet Flame Temple, Jackson Peak in Wyoming, USA
Archangels	Michael & Lady Faith	Jophiel & Christine (Constance)	Chamuel & Charity	Gabriel & Hope	Raphael & Mother Mary	Uriel & Aurora (Donna Grace)	Zadkiel and Amethyst
Archangels' Retreat	Temple of Faith, Banff & Lake Louise, Canada	South of the Great Wall, China and the Temple of Illumination	St. Louis, Missouri, USA	Between Sacramento and Mount Shasta, CA, USA	Temple of Healing, Fatima, Portugal	Tatra Mountains, Poland	Over the Island of Cuba
Elohim	Hercules & Amazonia	Apollo (Cassiopea) & Lumina (Minerva)	Heros (Orion) & Amora (Angelica)	Claire & Astrea	Cyclopea & Virginia (Vista & Crystal)	Peace & Aloha	Arcturus and Victoria (Diana)
Elohim's Retreats	Half Dome, Sierra Nevada, CA, USA	Saxony, Germany	Temple of Love, Lake Winnipeg, Canada	Near Gulf of Archangels, Russia	Altai Range, China	Hawaiian Islands	Near Luanda, Angola, Africa
Affirmations	I surrender to the Will of my own divinity. Not my will, but Thine be done. I will to be God Free! I claim that the will of God is happening now.	I AM, I AM, I AM Illumination blazing through my heart, mind, and soul. I AM infused with the greatest insight of whatever I need to know in the now moment.	I love and adore my glorious I AM presence. I AM (the cohesive power of) love in action. As I AM renewed in thy Embrace I feel the Peace of thy eternal Love Flame! I allow LOVE to rule my life.	I AM the purity of _____. (love, the Resurrection Flame, the Healing Flame, the Ascension Flame, all my desires, all my thoughts and feelings, my intentions, all my chakras,...)	I command wholeness. Vital, vibrant, radiant health flows through me. I demand to become a magnet of attraction, drawing to me all the wealth that I require to fulfill my divine plan on Earth, to make my Ascension and to assist others to do likewise.	I AM the Resurrection and the Life of (my finances, my eternal Freedom in the Light, my physical body's perfect blueprint, etc.) Be still and know that I AM GOD.	I AM a force of violet fire greater than any human experience. I AM a being of Violet Fire. I AM the purity God desires.
Other actions	Use the breath to breathe this ray in to all parts of your body and field. Remember to focus on the will of God, this sustains the faith to transform life. Ask Archangel Michael and Lady Faith for the <i>feeling</i> of faith.	Breathe in the Golden light in the shape of a vertical infinity sign as heaven and earth connect through your heart. For help in communication with others: I now choose to communicate from the love of my heart. Invoke the Rays of Illumination and Wisdom to guide me in this situation.	Draw light into your body 3 times a day for 5 minutes. Simply lie flat on your bed and visualize that Light pouring through all your body systems for five minutes. Cleanse your subtle bodies.	Draw light into your body 3 times a day for 5 minutes.	Work with the body elemental; express gratitude for the body elemental. Recognize all parts of the body and what they have endured for you, honor places of pain and disease, ask for healing and what is required for healing.	Practice being the blissful observer: observe events from a high place, the place of your I AM presence. Ask for support in this. Bring in the light for disturbing situations. Draw light into your body 3 times a day.	Begin each day with an invocation to the Violet Flame. Use the *Sacred Breath to fill up your body with the Violet Flame.

	Eighth Ray	Ninth Ray	Tenth Ray	Eleventh Ray	Twelfth Ray	<h1>Sacred Flames</h1> <p>Collected by Maggie Constantino for the Angels of Abundance Ascension Academy @2018</p> <p>Most of this information is based on the work of Patricia Cota-Robles and Aurelia Louise Jones There are other people studying these flames now and there are other perceptions of these flames, follow what your heart says.</p> <p>While working with the additional five rays, I found that they naturally combined in prayer and meditation with the original 7 rays. For instance, when I worked with the clarity of the 8th flame, I found that trust and faith of the 1st ray came through with it to help me gain clarity.</p> <p>* Sacred Breath 1- Start with the decree, I AM a being of Violet Fire. As you fill the lower belly with the in-breath, lift the breath up into the chest, and then send it up through the crown chakra. 2- Hold the breath in the crown chakra. 3- Decree, "I AM the purity God desires," pull the Violet Fire from above and exhale it down your spine and into the earth. 4- Pull in your abdomen and hold the breath.</p>
Color	Aquamarine	Magenta	Gold	Peach	Opal	
Qualities	clarity, vivification, divine perception, discernment, lucidity, dignity, courtesy, qualities of a spiritually free being	Harmony & balance, solidity, assurance, confidence in being in the world but not of it	Eternal peace, divine abundance, inner calm, comfort, liberty, spiritual freedom, balance, great silence	Divine purpose, enthusiasm, joy, fulfillment, selfless service, loving life free, happiness, victory	Transformation, transfiguration, rebirth, rejuvenation, focus on the fire element, sacred substance of the spirit of humanity	
Chakra	Between the throat and third eye chakra	Between the heart and throat chakra	Just below the heart	Just above the solar plexus	Above the root chakra and below the sacral chakra	
Affirmations	I am filled with the essence of truth and divine perception.	Through the harmony of my true being, I receive and externalize perfect health in every cell, organ and electron of my four lower bodies. Through the harmony of my true being I receive and externalize, God supply in limitless abundance filling my every need. Through the harmony of my true being, I create and externalize an aura of perfect peace, harmony and balance which acts as a natural conductor of God's will to all life wherever I AM. illumination and freedom. I AM the Law of Harmony in action.	The kingdom of heaven is at hand. Be still and know that I AM God. I AM the silence, eternally sustained. I AM the peace of tranquility.	I AM a creator of circumstance. I have a Purpose and Reason for being. I AM special, I AM rare, and in all rarity, there is enormous value; because of my great value, I need not imitate any other person, I will accept and celebrate my differences because I AM special. And so is every other being!	I AM all light. I AM that I AM. I dwell in the twelve-fold consciousness of I AM. I AM the divine image of God.	
Other Actions	Work with the clarity ray to perceive what is happening on Earth, and to see through deception. Ask for divine perception when working with channeled information.	Invoke the Law of Harmony to lift out of chaos and discord. Ask the divine to project the essence of harmony into every aspect of life throughout your day. Surrendering to the kingdom of harmony within the threefold heart flame allows the kingdom of harmony to act through us. The practice of surrender to our heart flame allows the kingdom of harmony within to externalize	Prayer: I AM the open door for the Solar Rays of Cosmic Peace from the Great Central Sun. I AM Eternal Peace, now established in the Heart centers of All Humanity. I AM the Golden Light of Eternal Peace pervading all life. I AM claiming every cell, atom and electron of this Sweet Earth and all her life into the Heart of Peace. I AM eternal Peace, reflecting Humanity's victory now in all our experience. I AM in the world, but I dwell in the consciousness of the Peace of the Great Solar Quiet.	Ask for healing and transmuting of all past transgressions to open to joy and divine purpose.	Rhythmic breath of transformation in breath: I AM in breathing the opalescent flame of transformation. Holding breath: I AM absorbing the opalescent flame of transformation. Exhaling: I AM expanding the opalescent flame of transformation. Holding breath out: I AM projecting the opalescent flame of transformation.	